

Arbor Heights Swim & Tennis Club

August 2026 Tennis Schedule — Adult & Youth Programming

August 2026 Master Schedule

Welcome to our August tennis schedule! We offer comprehensive programs for **both adults and kids**. *Please note: All classes not specifically designated as youth/kids classes are exclusively for adults. Note that there will be no tennis on Tuesday, August 4th.*

Day	Time	Program	Audience & Details
Monday	10:00 AM – 12:00 PM 1:00 PM – 3:00 PM	Youth Tennis Camp (Blocks 1 & 2)	Kids: Beginner & Intermediate (Aug 3 – Aug 14)
Monday	9:00 AM – 10:30 AM 10:30 AM – 12:00 PM	Kids Fall Transition Classes	Kids: Starting week of Aug 17 (90 mins)
Monday	4:00 PM – 5:30 PM	Advanced Junior Class	Kids: High-performance drills & match play
Monday	5:30 PM – 7:00 PM	Singles Clinic	Adults: Tactical singles play & instruction
Tuesday	10:00 AM – 12:00 PM 1:00 PM – 3:00 PM	Youth Tennis Camp (Blocks 1 & 2)	Kids: Beginner & Intermediate (Aug 3 – Aug 14) <i>(No tennis on Aug 4)</i>
Tuesday	9:00 AM – 10:30 AM 10:30 AM – 12:00 PM	Kids Fall Transition Classes	Kids: Starting week of Aug 17 (90 mins)
Tuesday	5:30 PM – 7:00 PM	Beginner/Intermediate LiveBall	Adults: Live Ball & stroke foundations
Wednesday	7:30 AM – 8:30 AM	Morning Cardio Tennis	Adults: Fast-paced doubles drills & cardio
Wednesday	9:00 AM – 10:30 AM 10:30 AM – 12:00 PM	Kids Fall Transition Classes	Kids: Starting week of Aug 17 (90 mins)
Wednesday	4:00 PM – 5:30 PM	Advanced Junior Class	Kids: High-performance drills & match play
Wednesday	5:30 PM – 7:00 PM	Foundations Doubles Clinic	Adults: Doubles strategy and positioning
Thursday	10:00 AM – 12:00 PM 1:00 PM – 3:00 PM	Youth Tennis Camp (Blocks 1 & 2)	Kids: Beginner & Intermediate (Aug 3 – Aug 14)
Thursday	9:00 AM – 10:30 AM 10:30 AM – 12:00 PM	Kids Fall Transition Classes	Kids: Starting week of Aug 17 (90 mins)
Thursday	5:30 PM – 7:00 PM	Advanced Liveball	Adults & Advanced Juniors: Higher-level play

Day	Time	Program	Audience & Details
Friday	7:45 AM – 8:45 AM	Morning Cardio Tennis	Adults: Fast-paced doubles drills & cardio
Friday	9:00 AM – 10:30 AM 10:30 AM – 12:00 PM	Kids Fall Transition Classes	Kids: Starting week of Aug 17 (90 mins)
Saturday	10:30 AM – 12:00 PM	Weekend Foundations Doubles / LiveBall	Adults: Weekend adult clinic
Saturday	1:00 PM – 2:30 PM	Advanced Junior Class	Kids: High-performance match play

Special Club Events & Socials (Adults & Kids)

- **Wednesday, Aug 12 (5:30 PM – 7:30 PM):** Member Social
- **Monday, Aug 17 (5:30 PM – 7:30 PM):** Member Social
- **Friday, Aug 7 (6:00 PM – 10:00 PM):** Swim Team Party (No evening tennis classes)
- **Saturday, Aug 22 (6:00 PM – 9:00 PM):** President's Party

Pricing & Registration:

- **Youth Tennis Camps:** \$150 for Members / \$175 for Non-Members (NM).
- **All Other Classes & Clinics:** Pricing and sign-ups are available directly on the **WynTennis App** or our club website.

Junior Program Registration & Sign-Up Form

Please complete this form to sign up kids for August camps, morning transition classes (week of Aug 17+), or advanced junior training.

Arbor Heights August Junior Tennis Sign-Up Form

Player Name (Child):

Email Address & Phone:

Parent / Guardian Name:

Player Age / Level:

Select Junior Programs & Classes:

☐ Youth Camp Block 1 (10 AM - 12 PM)

Weeks of Aug 3 & Aug 10 (\$150 M / \$175 NM)

☐ Youth Camp Block 2 (1 PM - 3 PM)

Weeks of Aug 3 & Aug 10 (\$150 M / \$175 NM)

☐ Kids Morning Class (Week of Aug 17+)

9:00 AM – 10:30 AM (Mon–Fri, Kids)

☐ Kids Morning Class (Week of Aug 17+)

10:30 AM – 12:00 PM (Mon–Fri, Kids)

☐ Advanced Junior Class (Mon/Wed 4:00 PM)

High-performance drills & match play

☐ Advanced Junior Class (Sat 1:00 PM)

Weekend match play session

Parent Signature:

Date: