

**Hidden Hollow's 37th Annual
Springboard and Platform
Diving Invitational**

Sunday June 28th 2026



Springboard and Platform Diving

Springboards! 1 and 3 meter

Platform/Tower: 3 meter, 6.5 meter, 10 meter (for senior and masters only)

8:00am warm up

9:00am start

Sunday June 28th :

<u>Ages</u>	<u>Platform</u>	<u>Springboard</u>
10& under	n/a	3 dives
11-14	3 dives	4 dives

June 25th 8:00 Am Warm up 9:00 Start

<u>Ages</u>	<u>Platform</u>	<u>Springboard</u>
15-18	3 dives	5 dives
Masters	3 dives	6 dives

Springboard first dive: 1.9 or lower (may repeat first category)

Platform: Front Dive required

Awards:

Springboard - Top 5 Men & Women in each age group

Platform - Top 3 Men & Women in each age group

Registration

\$20 per event

Registration Closes: June 26th at 12:00pm

Practice open 6-8 PM, Saturday June 27th

Coach or parent required during practice

All Participants must sign a disclaimer.

By Noon – June 26: Dive sheets must be emailed to paxton.s.martinez@gmail.com

Or dropped off at Hidden Hollow's office by noon on June 26th

Open to public:

Spectators who wish to swim must pay the guest fee to use the facilities